## WHAT TO BRING

- Sleeping Bag
- Pillow
- Daily Change of Clothes
- Pajamas or Sweats
- Bible, Pen, and Paper
- Towel & Washcloth
- Toiletries (shampoo, toothbrush, toothpaste, etc.)
- Tennis Shoes or Boots (closed-toe)
- Warm Jacket/Sweatshirt
- Shower Shoes recommended for wearing while in the shower
- Modest Swimsuit / Beach Towel
- Chapstick and Sunblock
- Hat / Beanie
- Flashlight

## WHAT NOT TO BRING

- Electronics include but are not limited to cell phones, iPods, MP3 players, games, etc.
- Expensive items such as designer clothing, toys, electronic games, etc.
- Gum or Messy snacks
- Pocket knives, weapons, etc.

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PLEASE BE SURE TO LABEL ALL OF YOUR BELONGINGS!